



## CURICULUM VITAE

**Vahideh Ebrahimzadeh Attari**

Ph.D of Nutrition

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### Personal information:

Name: **Vahideh Ebrahimzadeh Attari**

Date of birth: **1983**

Place of birth: **Maragheh**

Marital status: **Married**

Tel: 37275552-251

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### Education:

**Ph.D of Nutrition: Tabriz University of Medical Sciences -Iran; 2010-2015**

**MS. of Nutrition: Tabriz University of Medical Sciences –Iran; 2006-2009**

**BS. of Nutrition: Shahid Beheshti University of Medical Sciences-Iran; 2001-2005**

### Research field and interests:

1. Phototherapy research on chronic diseases
2. Nutritional management of Obesity
3. Nutrition and Chronic Kidney Disease
4. Nutrigenetics and Nutrigenomics

Professional experiences (researches and teachings)

**I have been involved in teaching of the following subjects:**

- Nutrition and Diet therapy
- Basic Nutrition
- Principle of Nutrition
- General English

**I have also been involved in the following researches:**

More than 15 research for example:

	<b>Title OF RESEARCH</b>	<b>TYPE</b>	<b>FIELD</b>
1	Effect of ginger (Zingiber officinale Roscoe) supplementation on nutritional status and circulating level of some adipocytokines in obese women with regard to genetic polymorphism of leptin, adiponectin, UCP-1 and beta 3 adrenergic receptors	Thesis of PhD	Obesity, Nutrigenetics, Medicinal plant
2	Effects Of Flaxseed (linum Usitatissimum) And Black Seed (nigella Sativa Linn) On Serum Lipid Profile In Hyperlipidemic Rabbits	Thesis of MS	Medicinal plant, Hyperlipidemia
3	Frequency of APOL1 gene's variations (G1 and G2) in ESRD patients residing in northwest of Iran		Genetic, ESRD
4	The association of two single nucleotide polymorphisms of FOXP3 gene (rs3761548 and rs3761547) with renal allograft function and survival in kidney transplant recipients		Genetic, kidney translate
5	The effects of ginger (zingiber officinale) powder and extract on H.pylori eradication and improvement of clinical signs in patient with H.pylori positive non ulcer dyspepsia		Medicinal plant, functional dyspepsia
6	Nutritional assessment of kidney transplant recipients and its relation with serum levels of FGF23 and kidney function		Kidney Transplant
7	The assessment of serum levels of bone metabolism biomarkers and vascular calcification marker among kidney transplant recipients		Kidney Transplant
8	The assessment of serum levels of phosphate immediately after hemodialysis and its association with post dialysis's complications in ESRD patients		dialysis's complications
9	Etc,		

Publications in peer reviewed journals

<https://scholar.google.com/citations?user=pHCOPAcAAAAJ&hl=en>

No	Title	Journal, IF	authorship	year
1	Changes of serum adipocytokines and body weight following <i>Zingiber officinale</i> supplementation in obese women: a RCT	European Journal of Nutrition ISI, IF: 4.37	first	2015
2	A systematic review of the anti-obesity and weight lowering effect of ginger ( <i>Zingiber officinale</i> Roscoe) and its mechanisms of action	Phytotherapy Research ISI, IF: 3.092	first	2018
3	The Gastro-protective Effect of Ginger ( <i>Zingiber officinale</i> Roscoe) in Helicobacter pylori Positive Functional Dyspepsia	Advanced Pharmaceutical Bulletin ISI	first	2019
4	Cardiometabolic responses to L-carnitine in obese women with knee osteoarthritis: a randomized, double-blind, placebo-controlled pilot study	Progress in Nutrition ISI, IF: 0.312	other	2018
5	Effect of <i>Zingiber officinale</i> Supplementation on Obesity Management with Respect to the Uncoupling Protein 1 -3826A>G and $\beta$ 3-adrenergic Receptor Trp64Arg Polymorphism	Phytotherapy Research ISI, IF: 3.092	first	2015
6	Effect of pomegranate seed oil supplementation on the GLUT-4 gene expression and glycemic control in obese people with type 2 diabetes: A randomized controlled clinical trial	Journal of Cellular Physiology ISI, IF: 3.92	other	2019
7	Quality of Life in Patients With Behçet Disease and Its Relation With Clinical Symptoms and Disease Activity	Reumatologia clinica ISI	second	2019
8	Effects of ginger ( <i>Zingiber officinale</i> ) on plasma glucose level, HbA1c	International Journal of Food	second	2013

	and insulin sensitivity in type 2 diabetic patients	<b>Sciences and Nutrition</b> ISI, IF:1.2		
9	Effect of dietary supplementation with <i>Nigella sativa L.</i> on serum lipid profile, lipid peroxidation and antioxidant defense system in hyperlipidemic rabbits	<b>Journal of Medicinal Plants Research</b> ISI, IF:0.4	<b>corresponding</b>	<b>2009</b>
10	L-Carnitine supplementation ameliorates serum tumor necrosis factor-alpha and matrix metalloproteinase-3 in knee osteoarthritis women	<b>Bangladesh Journal of Pharmacology</b> ISI, IF: 1.05	<b>third</b>	<b>2017</b>
11	Investigation of Enrofloxacin and Chloramphenicol Residues in Tabriz, Broiler Chickens Carcasses Collected From Local Markets of Northwestern Iran	<b>Health Promotion Perspectives</b> PubMed	<b>first</b>	<b>2014</b>
12	Anti-Inflammatory Effects of <i>Zingiber Officinale</i> in Type 2 Diabetic Patients	<b>Advanced Pharmaceutical Bulletin</b> ISI	<b>others</b>	<b>2013</b>
13	Evaluation of Four Obesity-Related Genes Polymorphism in Obese Women Residing in East Azerbaijan, Iran	<b>Genetics in the 3rd millennium</b> Scopus	<b>corresponding</b>	<b>2016</b>
14	Effects of supplementation with ginger ( <i>Zingiber officinale Roscoe</i> ) on serum glucose, lipid profile and oxidative stress in obese women: a RCT	<b>Pharmaceutical Sciences</b> Scopus	<b>first</b>	<b>2015</b>
15	Effect of Ground Black Seed ( <i>Nigella Sativa L.</i> ) on Serum Lipid Profile, Body Weight and Food Intake in Hyperlipidemic Rabbits	<b>Scientific journal of Zanjan</b> Scopus	<b>first</b>	<b>2010</b>
16	Effect of flaxseed ( <i>Linum usitatissimum</i> ) on serum lipid profile and malondialdehyde in hyperlipidemic rabbits	<b>Pharmaceutical Sciences</b> Scopus	<b>first</b>	<b>2009</b>
17	Lipid lowering effect of dietary supplementation with <i>Nigella sativa L.</i> in hyperlipidemic rabbits	<b>Journal of Medicinal Food Plants</b>	<b>First</b>	<b>2009</b>
18	A Nephrotoxic Effect of Aspartame as an Artificial Sweetener: a Brief Review	<b>Iranian Journal of Kidney Disease</b>	<b>corresponding</b>	<b>2017</b>

		<b>ISI, IF: 1.14</b>		
19	A review of the health hazards of artificial sweeteners: are they safe?	<b>Progress in Nutrition</b> <b>ISI, IF: 0.312</b>	<b>first</b>	<b>2018</b>
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Publications in Persian:

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Abstracts presented in conferences:

Effect of dietary flaxseed ( <i>Linum usitatissimum</i> ) on lipid peroxidation and antioxidant defense system in hyperlipidemic rabbits	<b>Oral presentation</b>	Iran-Tehran	2009	International students conference
Dietary carbohydrates, glycemic index and risk of cancer	<b>Oral presentation</b>	Iran-Tabriz	2011	The first seminar on nutrition and cancer
Nanotechnology: applications in nutrition and food sciences	<b>Oral presentation</b>	Iran-Isfahan	2012	12 <sup>th</sup> nutrition congress and the first international congress of nutrition
Dietary carbohydrates, glycemic index, glycemic load and risk of cancer	<b>Oral presentation</b>	"	2012	12 <sup>th</sup> nutrition congress and the first international congress of nutrition
Inflammation and insulin resistance	<b>Oral presentation</b>	"	2012	12 <sup>th</sup> nutrition congress and the first international congress of nutrition

**And more than 20 posters in different congress**

Books:

1. Translation of chap: Nutrition during different life cycle from Modern nutrition in health and disease: Eleventh edition, 2008.

2. Translation of chap: Nutrition in metabolic disorders from Modern nutrition in health and disease: Eleventh edition, 2010

Computer skills:

- Microsoft Office, software like: Endnote, SPSS, ....

Foreign languages:

- English