

Personal photo

CV



### 1. PERSONAL DETAILS:

Full name:	Mahbube Ghorbani
Address:	
E-mail:	Ghorbani.mahboobeh@gmail.com
Tel:	
Birth date:	
Marriage status:	single

### 2. Education: (exampled format)

Date	Place	Title	Average
2003-2005	Bojnurd	Associate's degree	
2006-2008	Mashhad	Bachelor's degree	
2010-2013	Mashhad	Master's degree	

### 3. QUALIFICATIONS: (exampled format)

Date	Title	Organizer and held place
	Cochrane Systematic Review	Mashhad
	Infertility Updates Conference	Mashhad School of Nursing and Midwifery, Mashhad University of Medical Sciences, Mashhad
	Workshop on Writing Essays and Publishing Methods	Mashhad School of Nursing and Midwifery, Mashhad University of Medical Sciences, Mashhad
	Preparation for A Safe Delivery Workshop	Mashhad School of Nursing and Midwifery, Mashhad University of Medical Sciences, Mashhad

	Prescribing and Rational Use of Drugs	Mashhad School of Nursing and Midwifery, Mashhad University of Medical Sciences, Mashhad
	Neonatal Resuscitation	Mashhad School of Nursing and Midwifery, Mashhad University of Medical Sciences, Mashhad
	Basic Clinical Skills	Bojnurd School of Nursing and Midwifery, North Khorasan University of Medical Sciences, Bojnurd
	CPR	Bojnurd School of Nursing and Midwifery, North Khorasan University of Medical Sciences, Bojnurd
	First Phase of Medical Education Fellowship	North Khorasan University of Medical Sciences, Bojnurd
	Second Phase of Medical Education Fellowship	North Khorasan University of Medical Sciences, Bojnurd
	Third Phase of Medical Education Fellowship	North Khorasan University of Medical Sciences, Bojnurd
	Fourth Phase of Medical Education Fellowship	North Khorasan University of Medical Sciences, Bojnurd
	Nursing Skills Workshop	Bojnurd School of Nursing and Midwifery, North Khorasan University of Medical Sciences, Bojnurd
	Birth Preparation Classes	Mashhad University of Medical Sciences, Mashhad

	Medical Journalism	North Khorasan University of Medical Sciences, Bojnurd
	1 <sup>st</sup> Seminar on Science Production and University Ranking	North Khorasan University of Medical Sciences, Bojnurd
	Journal Club on The Effect of Spiritual Care on A Healthy Heart	Bojnurd School of Nursing and Midwifery, North Khorasan University of Medical Sciences, Bojnurd
	Meeting on Physiologic Birth Practical Course	Bojnurd School of Nursing and Midwifery, North Khorasan University of Medical Sciences, Bojnurd
	Common Systematic Errors In Medical Studies Journal Club	North Khorasan University of Medical Sciences, Bojnurd
	Virtual Education Workshop	North Khorasan University of Medical Sciences, Bojnurd
	Standard OSCE Designing	North Khorasan University of Medical Sciences, Bojnurd
	Virtual Education Workshop	Bojnurd School of Nursing and Midwifery, North Khorasan University of Medical Sciences, Bojnurd
	Small Group Teaching	North Khorasan University of Medical Sciences, Bojnurd
	Virginity Testing Workshop	Sabzevar University of Medical Sciences, Sabzevar
	Process Writing	North Khorasan University of Medical Sciences, Bojnurd
	Professors' Empowerment Workshop	North Khorasan University of Medical Sciences, Bojnurd

	Medical Education Workshop	North Khorasan University of Medical Sciences, Bojnurd
	Research Empowerment of Faculty Members	Research and Technology Department, North Khorasan University of Medical Sciences, Bojnurd

#### 4. WORK & TUTORIAL EXPERIENCES: (exampled format)

Date	Title	Organizer and held place	Details, and additional data
	Adjunct Professor	Bojnurd School of Nursing and Midwifery, North Khorasan University of Medical Sciences	Part-time instructor for one month
	Adjunct Professor	Islamic Azad university, Bojnurd Branch	Part-time instructor for six months
	Adjunct Professor	Bojnurd School of Nursing and Midwifery, North Khorasan University of Medical Sciences	Part-time instructor for eight months
	Human Resource Program Member of Faculty	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	Full-time for three years
	Contractual Member of Faculty	Bojnurd School of Nursing and Midwifery, North Khorasan university of medical sciences	Full-time for three years
b) workshops			
	Masters' degree counselling and planning	Bojnurd School of Nursing and Midwifery	Midwifery students, 4 hours
	Planning and holding physiologic delivery classes in midwifery school	Mahbube Ghorbani	Midwifery students and pregnant women, 2 hours

	physiologic delivery workshop	Midwifery faculty members	Midwifery students, 2 hours
	Research methodology	Bojnurd School of Nursing and Midwifery	Geriatric nursing students, masters' degree, 2 hours
	Scheduling for midwifery students' birth attendance documentation completion	Mahbube Ghorbani	midwifery students
	Health care providers and associate midwives' empowerment	Esfarayen Vice-Chancellery for health	Esfarayen Health care providers and associate midwives, 8 hours
	Personal hygiene	Cultural and student department	Female students of Bojnurd Islamic Azad university
c) Theoretical courses			
	fundamentals of nursing	Bojnurd School of Nursing and Midwifery	Midwifery students, 6 hours
	research methodology	Bojnurd School of Nursing and Midwifery	Midwifery students, 2 hours theoretically and 6 hours practically
	Maternal and child health	Esfarayen School of Nursing	nursing students, 51 hours
	Maternal and child health	Esfarayen School of Nursing	Public health students, 27 hours
	Infectious diseases physiopathology 3	Bojnurd School of Nursing and Midwifery	Midwifery students, 15 hours
	surgical diseases physiopathology	Bojnurd School of Nursing and Midwifery	Midwifery students, 14 hours
	Maternal and child nutrition	Bojnurd School of Nursing and Midwifery	Midwifery students, 16 hours theoretically and one hour virtually
	Maternal and child health	Bojnurd School of health	Public health students, 30 hours theoretically and 4 hours virtually
	Midwifery specialized pharmacology	Bojnurd School of Nursing and Midwifery	Midwifery students, 14 hours

	Healthy child	Bojnurd School of Nursing and Midwifery	nursing students, 34 hours
c) practical courses			
	fundamentals of nursing	Bojnurd School of Nursing and Midwifery	1 <sup>st</sup> term Midwifery students, 10 hours
	research methodology	Bojnurd School of Nursing and Midwifery	4 <sup>th</sup> term Midwifery students, 6 hours
d) internships			
	Senior undergraduate internship	Bojnurd School of Nursing and Midwifery	7 <sup>th</sup> term midwifery students, 60 hours
	Pregnancy and delivery internship	Islamic Azad university, Bojnurd Branch	5 <sup>th</sup> term midwifery students, 204 hours
	Pregnancy and delivery internship	Islamic Azad university, Bojnurd Branch	6 <sup>th</sup> term midwifery students, 106 hours
	Maternal and child health internship	Bojnurd School of Nursing and Midwifery	Nursing students, 4 terms
	Maternal and child health, family planning internship	Bojnurd School of Nursing and Midwifery	Midwifery students, 6 terms
	Gynecology internship	Bojnurd School of Nursing and Midwifery	Midwifery students, 5 terms
	Pregnancy and delivery 2 internship	Bojnurd School of Nursing and Midwifery	Midwifery students, 6 terms
	Internal and surgical disease internship	Bojnurd School of Nursing and Midwifery	Midwifery students, 3 terms
	Senior year healthy and complicated Pregnancy and delivery 1, 2, 3 internships	Bojnurd School of Nursing and Midwifery	Midwifery students, 6 terms
	Healthy Pregnancy and delivery internship	Bojnurd School of Nursing and Midwifery	Midwifery students, 6 terms

## 5. PROJECTS:

Date	Title	Organizer and held place
2015-17	Effect of Oral Saffron on Sexual Function of Postmenopausal Women: a Clinical Trial Study	Bojnurd School of Nursing and Midwifery, North Khorasan University of Medical Sciences, Bojnurd
2018-now	Evaluating the Effect of Newborn Care Virtual Education on Fathers' Involvement	Bojnurd School of Nursing and Midwifery, North Khorasan University of Medical Sciences, Bojnurd
2018-now	Comparing the D3 Level In Pregnant Women with Premature Rupture of Membrane and Other Pregnant Women Referring to Bentolhoda Hospital in Bojnurd	Bojnurd School of Nursing and Midwifery, North Khorasan University of Medical Sciences, Bojnurd

## 6. PUBLICATIONS:

### 6.1. Articles:

Azhari S, Ghorbani M, Esmaily HA, GhanbariHashemAbadi BA. Evaluation of the relationship between lifestyle and quality of sleep in postmenopausal women. The Iranian Journal of Obstetrics, Gynecology and Infertility. 2014 Sep; 17(112): 7-14
Ghorbani M, Azhari S, Esmaily HA, GhanbariHashemabadi BA. The relationship between life style with vasomotor symptoms in postmenopausal women referred to women's training health centers in Mashhad in 2011. The Iranian Journal of Obstetrics, Gynecology and Infertility. 2013 Feb; 15(39): 23-30
Ghorbani M, Azhari S, Esmaily HA, GhanbariHashemabadi BA. Investigation of the relationship between personality characteristics and vasomotor symptoms in menopausal women. Iran Journal of Nursing and Midwifery Res. 2016 Jul-Aug;21(4):441-7
Azhari S, Ghorbani M, Esmaily HA, Ghanbari Hashem Abadi BA. Relationship between personality characteristics and sleep quality in menopausal women referred to educational Gynecology clinics of Mashhad. Journal of Midwifery and Reproductive Health. 2013; 1(1):26-32.
Nazari S, Salari P, Mazloom SR, Ghorbani M, Bagheri M. A Comparative Study of Postpartum Stress and Stressors Factors Related to Appearance, Behavior and Care of

Neonate in the Primiparous and Multiparous Mothers in the First and Second Months after Delivery. Iranian Journal of Pediatric Nursing. 2017 Winter; 4(2): 17-24
Ghorbani M, Azhari S, Esmaily H, GhanbariHashemabadi B. The Relationship between Personality Characteristics and Lifestyle in the Postmenopausal Women Referring to the Women's Training Centers in Mashhad in 2013. Iranian journal of nursing and midwifery research. 2016 Jul; 21(4):441
Tabatabaeichehr M, Eftekharian M, Sharifian E, Nazari S, Ghorbani M, Bagheri M. The effects of acupressure, LV3 point on fetal heart rate pattern, during fetal non stress test: A randomized clinical trial. The Iranian Journal of Obstetrics, Gynecology and Infertility. 2018 Nov;22(8):35-43
Kazemi K, Seyed Sharifi SH, Ghorbani M, Rakhsha M. Right Ovarian Ectopic Pregnancy in Young Woman with History of Right Salpingectomy; A Rare Case Report. Journal of Isfahan Medical School. 2018; 36(490): 897-901
Nazari, S., Hatami, E., TabatabaeiChehr, M., Bagheri, M., Ghorbani, M. Diagnostic Value of Non-stress Test Interpreted by Smart Interpretive Software. Journal of Midwifery and Reproductive Health, 2018; 6(3): 1384-1389
Ghorbani M, Tabatabaeichehr M, Bagheri M, Salary E, Nazari S. Effect of saffron on happiness of postmenopausal women: a clinical randomized trial. IJOGI. 2019; 22(4): 11-17
Ghorbani M, Tabatabaeichehr M, Bagheri M, Salary E, Nazari S. Effect of oral saffron on sexual function of postmenopausal women: a clinical trial study. The Iranian Journal of Obstetrics, Gynecology and Infertility. 2019; accepted

## 6.2. Oral Presentations: (exampled format)

<b>Ghorbani, Mahbube, (12/12/26), Evaluation of the relationship between lifestyle and quality of sleep in postmenopausal women, 5<sup>th</sup> international Congress IRHRC of Reproductive Health and Family Health, Imam Ali Conference Hall, Shahid Beheshti University, Iran</b>
<b>Ghorbani, Mahbube, (12/12/27), Investigation of the relationship between personality characteristics and vasomotor symptoms in menopausal women, 5<sup>th</sup> international Congress IRHRC of Reproductive Health and Family Health, Imam Ali Conference Hall, Shahid Beheshti University, Iran</b>
<b>Ghorbani, Mahbube, (12/12/27), Evaluation of the relationship between lifestyle and quality of sleep in postmenopausal women, 5<sup>th</sup> international Congress IRHRC of Reproductive and Family Health, Imam Ali Conference Hall, Shahid Beheshti University, Iran</b>
<b>Ghorbani, Mahbube, (13/2/25-28), Relationship between personality characteristics and sleep quality in menopausal women referred to educational Gynecology clinics of Mashhad, 1<sup>st</sup> International Congress of Menopause and Andropause, Ahvaz Jundishapur University of Medical Sciences, Iran</b>
<b>Ghorbani, Mahbube, (15/1/24), Ovary Transplant in Human, 7<sup>th</sup> IRHRC Annual Meeting on Reproductive and Infertility Updates, Shahid Beheshti University Abū Rayḥān Hall, Iran</b>



### 6.3. Poster Presentations: (example format)

<b>Ghorbani, Mahbube, (11/5/24-27) Investigating Reasons and Effective Treatment of Leg Cramps in Pregnancy, Iran 1<sup>st</sup> International Congress on Midwifery and Reproductive Health, Mashhad, Iran</b>
<b>Ghorbani, Mahbube, (11/12/22), Investigating the Effect of Homeopathic Medicine on Postmenopausal Women's Hot Flashes, 3<sup>rd</sup> Research Festival of Graduate Students, Bu Ali Research Institute, Mashhad, Iran</b>
<b>Ghorbani, Mahbube, (11/12/22), Investigating the Effect of Rosa Damascena Extract on Women's Lower Urinary Tract Infections, 3<sup>rd</sup> Research Festival of Graduate Students, Bu Ali Research Institute, Mashhad, Iran</b>
<b>Ghorbani, Mahbube, (13/4/22), Evaluation of The Relationship Between Lifestyle and Personality Characteristics in Postmenopausal Women, 5<sup>th</sup> National Congress of Perinatology, Shiraz University of Medicine, Iran</b>
<b>Ghorbani, Mahbube, (14/1/8-10), Evaluation of The Relationship Between Body Mass Index and Hot Flashes in Postmenopausal Women, 6<sup>th</sup> IRHRC Annual Meeting on Reproductive and Infertility, Imam Ali Conference Hall, Shahid Beheshti University, Iran</b>
<b>Ghorbani, Mahbube, (14/1/8-10), Evaluation of The Relationship Between Lifestyle and Individual, Obstetric and Menstrual Factors in Postmenopausal Women, 6<sup>th</sup> IRHRC Annual Meeting on Reproductive and Infertility, Imam Ali Conference Hall, Shahid Beheshti University, Iran</b>
<b>Ghorbani, Mahbube, (14/5/21), Utilization of Problem Solving, A Strategic Approach to Empowering the Midwifery Students in Internal-Surgical Internship, National Conference of Learning and Teaching Methods in University and Seminary, North Khorasan University of Medicine, Iran</b>
<b>Ghorbani, Mahbube, (14/5/21), Utilization of Developmental Evaluation, A Strategic Approach to Empowering the Midwifery Students in Gynecology Internship, National Conference of Learning and Teaching Methods in University and Seminary, North Khorasan University of Medicine, Iran</b>
<b>Ghorbani, Mahbube, (16/2/1), Implementation of Clinical Midwifery Faculty Project, National Congress of Clinical Midwifery Faculty Revival, Ministry of Health and Medical Education, Tehran, Iran</b>
<b>Ghorbani, Mahbube, (16/5/18-21), Endometrioses And Fertility, 2<sup>nd</sup> International Congress of Reproduction, Shahid Beheshti University, Iran</b>
<b>Ghorbani, Mahbube, (16/11/16), Evaluation of The Effects of Birth Preparation Classes on Postpartum Blues in Primiparous Women, National Congress of Clinical Midwifery Faculty Revival, Ministry of Health and Medical Education, Tehran, Iran</b>
<b>Ghorbani, Mahbube, (16/11/16), Evaluation of Clinical Midwifery Faculty from the viewpoints of midwifery students in North Khorasan University of Medicine, National Congress of Clinical Midwifery Faculty Revival, Ministry of Health and Medical Education, Tehran, Iran</b>

#### 6.4. Awards

Title	Exhibition	award	Year
Provincial Outstanding Midwife Award	-	-	2018
National Outstanding Midwife Award	-	-	2019

#### 7. ADDITIONAL INFORMATION

Book Title	Authors	Year	Publication
Herbal Medicine in Midwifery	Nazari S, Bagheri M, Ghorbani M, Supervised by Geliantehrani S	2016	Dor Ghalam